











MEDICATION GUIDE

The following guide is not a comprehensive list of all medications that may cause impairment while driving, operating machinery or performing various tasks that require attention. Also, medications may have multiple indications and usages, and “Types of Medications” may not represent the condition(s) for which you have been prescribed. For additional information regarding any of the following medications or medications you are taking, you may use the provided links, or the database(s) listed in the Reference section. **Do not make any medication changes without first consulting your medical provider.** You may also consult with your pharmacist regarding your medications.

Types of Medications	Common Side Effects	Medications of This Type with More Side Effects	Medications of This Type with Fewer Side Effects
MOOD 	Agitation Confusion Dizziness Drowsiness Fatigue Headache Nausea Restlessness Tremors	Alprazolam (Xanax) Clonazepam (Klonopin) Diazepam (Valium) Lithium (Lithobid) Lorazepam (Ativan) Mirtazapine (Remeron) Olanzapine (Zyprexa) Paroxetine (Paxil) Quetiapine (Seroquel) Valproic Acid (Depakote)	Aripiprazole (Abillify) Bupropion (Wellbutrin/Zyban) Buspirone (Buspar) Escitalopram (Lexapro) Fluoxetine (Prozac) Lurasidone (Latuda)
DIABETES 	Abdominal pain Dizziness Drowsiness Headache Jitteriness	Glipizide (Glucotrol) Liraglutide (Victoza)	Linagliptin (Tradjenta) Metformin (Glucophage) Semaglutide (Ozempic) Tirzepatide (Mounjaro)
ALLERGIES 	Dizziness Drowsiness Headache Muscle weakness Nervousness	Chlorpheniramine (Chlor-Trimenton) ^A Diphenhydramine (Benadryl) ^A Hydroxyzine (Atarax) Pseudoephedrine (Sudafed) ^A	Cetirizine (Zyrtec) Fexofenadine (Allegra) Loratadine (Claritin)
HIGH BLOOD PRESSURE 	Blurred vision Dizziness Drowsiness Headache	Alpha Blockers Doxazosin (Cardura) Terazosin hydrochloride (Hytrin) Beta Blockers Atenolol (Tenormin) Metoprolol succinate (Toprol XL) Metoprolol tartrate (Lopressor) Propranolol (Inderal) Angiotensin Converting Enzyme (ACE) Inhibitors Benazepril (Lotensin) Lisinopril (Privilil) Ramipril (Altace)	Angiotensin Receptor Blockers Losartan (Cozaar) Valsartan (Diovan) Calcium Channel Blockers Amlodipine (Norvasc) Felodipine (Plendil) Nifedipine (Adalat CC) Diuretics (“Water Pills”) Bumetanide (Bumex) Chlorthalidone (Thalitone) Furosemide (Lasix) Hydrochlorothiazide (Microzide)

^A Combination medications may contain one or more of these medications so be sure to check the ingredient list.

Types of Medications	Common Side Effects	Medications of This Type with More Side Effects	Medications of This Type with Fewer Side Effects
MUSCLE RELAXANTS 	Confusion Dizziness Drowsiness Headache Weakness	Baclofen (Lioresal) Carisoprodol (Soma) Cyclobenzaprine (Flexeril) Tizanidine (Zanaflex)	<i>Do not use muscle relaxants while working.</i>
PAIN 	Confusion Dizziness Drowsiness Headache Tremors	Opioids Hydrocodone/acetaminophen (Norco/Vicodin) Oxycodone (Oxycontin) Oxycodone/acetaminophen (Percocet) Others Fentanyl patch Gabapentin (Neurontin) Pregabalin (Lyrica) Tramadol (Ultram)	Acetaminophen (Tylenol) ^A Diclofenac gel (Voltaren) Ibuprofen (Advil, Motrin) ^A Lidocaine patch (Lidoderm) Naproxen (Naprosyn)
SLEEP 	Dizziness Drowsiness Headache Light-headedness	Diphenhydramine (Zzzquil/Benadryl) ^A Doxylamine (Vicks Nyquil, Unisom) ^A Eszopiclone (Lunesta) Zaleplon (Sonata) Zolpidem (Ambien, Ambien CR)	Trazodone (Desyrel) Melatonin <i>Not to be used during the day only for use before bed, otherwise morning sedation may occur.</i>
WEIGHT LOSS 	Dizziness Drowsiness Nausea	Liraglutide (Saxenda) Naltrexone/Bupropion (Contrave) Orlistat (Xenical/Alli) Phentermine-topiramate (Qsymia)	Semaglutide (Wegovy) Tirazepatide (Zepbound)

Do not make any medication changes without first consulting your medical provider.

The medications listed above may have multiple uses, however these are the most common indications.

These medications can cause more side effects depending on the dosage you take. For more details and guidance, please consult your healthcare provider or pharmacist.

Medication for heart conditions, chemotherapy, seizures, autoimmune disorders and others are not included due to their complexity. If you have questions about a medication not on the list, please contact your medical provider or pharmacist.

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References

<https://medlineplus.gov>
<https://www.mayoclinic.org>
<https://treds.ucsd.edu>



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1.858.534.8386



treds@ucsd.edu



treds.ucsd.edu